

The Red Feather News, Singapore

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From The Editor:

Dear readers,

Getting involved has a way of changing your outlook, attitude and life. It has the power to change the life of those we touched. Getting involved is living life more fully, by caring and sharing, by working or volunteering, or by participating and contributing to an event.

We have been quite involved this year. For the first time, we took part in the National Library Board's Reading Marathon. Three other residents took part in another record breaking event, "Wheelchair Relay Record", organised by Tan Tock Seng Rehabilitation. Osland and Eileen got involved in the "True Hearts Charity Show" organized by The Community Chest of Singapore. Then, for the first time too, our residents had a part in helping to pack our National Day fun-pack bags.

In July, six residents were busy being involved in the Home based assignment to produce 1000 pieces of hand made wooden paper clips accorded by the National Health Promotion Board. Right after that, Poh Moi and John Sim worked at sewing felted Christmas craft for sale. Pictures of the craft they made were taken and used by MSIG Holdings for their corporate greeting cards.

In house work and handicraft work continued through October and November on temporary sites while renovations for a new computer cum handicraft room went underway. Despite the bleak economy, we do not run short of data entry jobs. We looked forward to doing work in the new computer cum handicraft room. The new room supported by an anonymous donor had been furnished with six new computers and two printers donated by the Lodge St. George and three other computers passed on to us by the UWC.

We are ever grateful for their enormous support and the support of many wonderful volunteers, corporate and individuals alike, who have, by their getting involved with us, touched our lives and made us realized that life is about being involved.

Yours,

A Merry Christmas and a Happy 2010 to all our readers.

WHAT DOES ART MEAN TO ME???

*ART BRIGHTENS THE DAY
ART GIVES SATISFACTION
ART ALSO GIVES YOU CONFIDENCE
TO ME WITHOUT ART I CANNOT DO
ANYTHING*

*ART GIVES ME LIFE & HOPE...
IT ADDS COLOURS TO MY HEART!
ART AIDS ME
TO EXPRESS MY FEELINGS TOO...*

*I WILL
TO ENCOURAGE PEOPLE LIKE ME
WHO
CANNOT MOVE THEIR HANDS
TO BRING THEM HOPE*

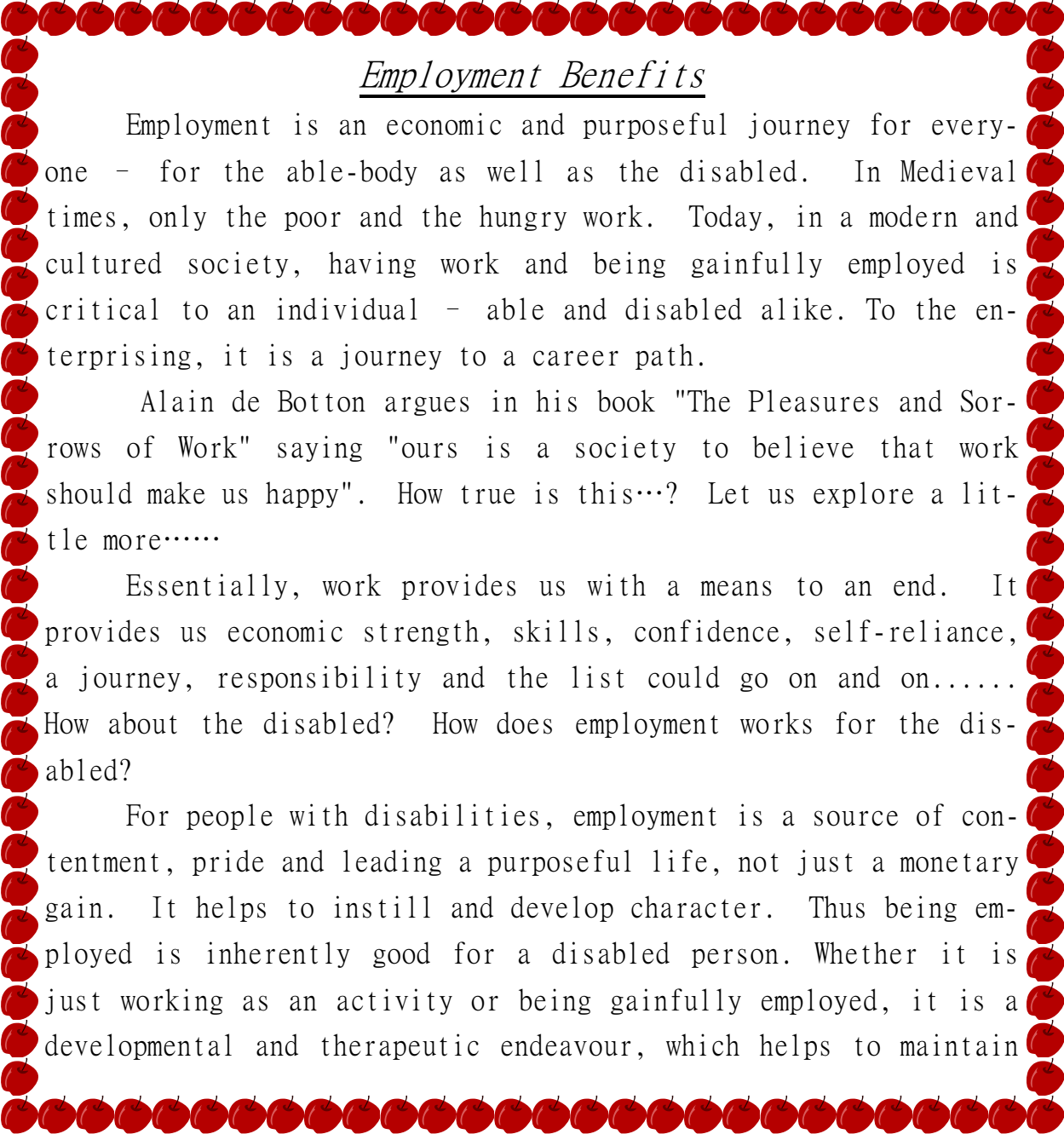
*ART HELPS ME
TO BE IN CONTROL AS I
CAN ALWAYS CHANGE
ITS COLOURS
AS AND WHEN I LIKE TO DO*

*ART HELPS ME TO
EXPRESS MY THOUGHTS...*

*IT GIVES ME FREEDOM
WHETHER TO
EXCEPT THE PICTURE
OR REJECT IT
OR MAKE CHANGES TO THE TONE*

*PAINTING ALLOWS ME TO DISCOVER
THERE ARE THINGS
POSSIBLE
WHEN A HELPING HAND
COMES ALONG
THIS HELPING HAS MADE
A DIFFERENCE IN ME*

~ EILEEN TAY ~



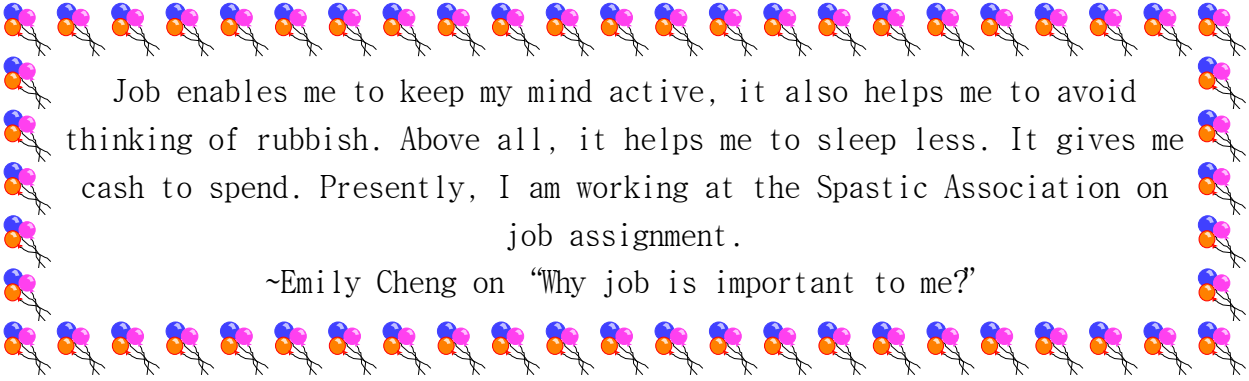
Employment Benefits

Employment is an economic and purposeful journey for everyone - for the able-body as well as the disabled. In Medieval times, only the poor and the hungry work. Today, in a modern and cultured society, having work and being gainfully employed is critical to an individual - able and disabled alike. To the enterprising, it is a journey to a career path.

Alain de Botton argues in his book "The Pleasures and Sorrows of Work" saying "ours is a society to believe that work should make us happy". How true is this...? Let us explore a little more.....

Essentially, work provides us with a means to an end. It provides us economic strength, skills, confidence, self-reliance, a journey, responsibility and the list could go on and on..... How about the disabled? How does employment works for the disabled?

For people with disabilities, employment is a source of contentment, pride and leading a purposeful life, not just a monetary gain. It helps to instill and develop character. Thus being employed is inherently good for a disabled person. Whether it is just working as an activity or being gainfully employed, it is a developmental and therapeutic endeavour, which helps to maintain



Job enables me to keep my mind active, it also helps me to avoid thinking of rubbish. Above all, it helps me to sleep less. It gives me cash to spend. Presently, I am working at the Spastic Association on job assignment.

~Emily Cheng on "Why job is important to me?"

Newsflash!

- 06.01.09 - New Year Celebration by Christina & Friends
- 14.01.09 - Visit to Chinatown
- 16.01.09 - Visit to Chinatown
- 17.01.09 - Visit to Marina Barrage
- 18.01.09 - Dinner given by Dr. Yvonne Soong
- 20.01.09 - Visit to Chinatown via MRT
- 21.01.09 - Launch of NLB “Project-Deliver Me” at Jurong Regional Library
- 22.01.09 - CNY Celebration by Air Force School (Air Defence Artillery)
- 04.02.09 - Lion Dance & Red Packets given by Emerald Hill
- 07.02.09 - Dinner @ Hougang Kovan Hub by Man Fut Tong
- 09.02.09 - Performance in Hokkien by Mr. Willet Ong
- 19.02.09 - Performance by Christina & Friends
- 27.02.09 - Launch of “Power Soccer” by Muscular Dystrophy Association (Singapore)
- 08.03.09 - World Women’s Day celebration at Braddell Height Community Centre
- 04.04.09 - Outing to Singapore Flyer by General Electric
- 24.04.09 - Wheelchair Relay Record organized by Tan Tock Seng Rehabilitation
- 08.05.09 - Bingo and Karaoke with National Council Social Service
- 22.05.09 - Dumpling Festival celebration by Christina & Friends
- 07.06.09 - Community Chest “TrueHearts Charity”
- 13.06.09 - Bingo Game & Interaction with Carl Zeiss
- 20.06.09 - Band Performance by Monochrome Story
- 23.06.09 - Bingo & Singing by Air Defence Artillery
- 25.06.09 - Bingo, Wii Games, Performance & Buffet Lunch by Temasek Holdings
- 29.06.09 - Tea Session, Bingo Game & Performance by Olympus Singapore Pte Ltd
- 30.06.09 - National Day Parade Fun-Packing – National Council Social Service
- 05.07.09 - Record Reading Marathon National Library Board
- 25.07.09 - National Day Preview at Marina Bay
- 14.08.09 - Lunch treated by McDonald’s at McDonald’s, AMK Park
- 17.08.09 - Cantonese Opera at Kreta Ayer People’s Theatre by YMCA
- 27.08.09 - Singing & Buffet Dinner by GE International Aero Energy Services
- 05.09.09 - Bingo & Buffet Lunch by Temasek Holdings
- 09.09.09 - Outing at Changi Coastal Boardwalk by AETI
- 12.09.09 - Bingo & Buffet Dinner by Paul & Family
- 25.09.09 - Mid- Autumn Festival celebration by Christina & Friends
- 02.10.09 - Mid-Autumn Festival Celebration by Temasek Holdings
- 06.10.09 - A Visit to West Coast Park by United World College
- 23.10.09 - Performance by MYMCA Childcare Centre
- 31.10.09 - Visit to Changi Village
- 05.11.09 - Underwater World at Sentosa by Ascendas Pte Ltd
- 14.11.09 - Treasure Hunt & Shopping at Ikea, Tampines by Carl Zeiss
- 21.11.09 - Dinner at Eunus – Care & Share Charity event
- 25.11.09 - Ship from Southeast Asian Youth Programme visits
- 04.12.09 - Hockey with Pasir Ris Family Service Centre
- 12.12.09 - Residents’ Christmas Party
- 14.12.09 - Christmas celebration by MSIG
- 15.12.09 - Christmas Light-Up Home
- 17.12.09 - Christmas celebration by Christina & Friends
- 17.12.09 - Dinner at M-Hotel by D’perception Singapore Pte Ltd
- 22.12.09 - Christmas celebration by AETI

